

Do you agree or disagree with the following statement?

At universities and colleges, sports and social activities are just as important as classes and libraries and should receive equal financial support.

One of the challenging issues the universities are facing ~~with~~, is about students curriculum and extracurricular programs. All over the world, limited budgets are allocated to the universities and the ~~ir-university~~ officials have to decide how to allot ~~it-them~~ to various parts/areas. However, there is not a consensus as to whether the sports and social activities are as important as classes, I adopt a firm position that universities' authorities should **allocate** equal financial support ~~in-to~~ these fields. In what follows s, I will try to explain my reasons, which I believe are more important.

To begin, schools, colleges and universities are considered ~~as~~ a small society and they should encompass the various aspects of the community. However, the main mission of universities is to provide a platform to present the specialized courses for students and to increase their professional knowledge, physical and social activities can physically and mentally enhance the students' health. These activities can alleviate and diminish the fatigue and give them more energy, which enhances s the quality of their studying, while ~~the~~ continuous studying in ~~a-the~~ long-term diminishes es the individual' s efficiency. To put it another way, sports and social activities indirectly benefit students to a better performance in their academic lives s, because they can spend their free time through these activities to concentrate better when they are ~~involving-involved~~ with the lessons. Psychological studies have shown that exercises and sports strengthen the immune system and decrease the cortisol hormone, which is well known as anxiety and stress hormone. /fight or flight

Another equally important point to be mentioned is that social activities and sports can boost the interpersonal relationship, teamwork and communicational skills. Most of the time, in academic situations students speak to each other about subjects relating to academic courses. If the students access ~~to~~ places other than labs and classes ~~in-on~~ campus and the university ~~was-is~~ equipped with sport clubs, gyms and theater salons, they can communicate ~~to-with~~ each other and speak together about other activities that are delightful for them. Furthermore, they can get to know new people, discover their other talents and nurture them besides their academic skills.

To sum up, ~~however-although a~~ plethora of people believe that students have to only focus on their specialized classes in order to have a success, I' am on-of the opinion that students needs to pay equal attention to classes as well as extracurricular activities.